



### Junior Oscars Swim Team

**This Summer we will be offering a pre team/group lessons for all swimmers 3 years or older who have interest on being on the swim team, but still need some individual help with their strokes. The group will be led by the Swim Team Coaching Staff and will have interaction with the swim team on a regular basis as their lessons will be before or after regular swim team practices. This will be a fun introduction to summer swimming and we hope to have a lot of future OSCAR SWIMMERS JOIN US!!!**

### 2024 Junior Oscars Practice Schedule

\*\*\*Practices Run from Monday, June 10<sup>th</sup> through Thursday, July 18<sup>th</sup>\*\*\*

Monday/Wednesday

Tuesday/Thursday

1030am to 1100am

515pm to 545pm

### Fees

\*\*\*All Rates include team shirt if registered by 6/1/24\*\*\*

\$150.00 – per swimmer for Pool Members

\$200.00 – per swimmer for Non Members

Checks made Payable to Forest Hills Swim Club or Venmo: @BrettFonder

**Please Contact Coach Brett Fonder with questions**

[brettfonder@yahoo.com](mailto:brettfonder@yahoo.com)

(540) 797-7946

# 2024 FOREST HILLS JUNIOR OSCARS REGISTRATION

LAST NAME	FIRST NAME	MI	MALE/ FEMALE	DOB	AGE ON 6/1/24	T-Shirt Size	ANY PHYSICAL LIMITATIONS?

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

I, \_\_\_\_\_ am the parent of a member of the Forest Hills Junior Oscars Swim Team. In the event that during such a practice my child requires medical attention, I hereby give full authority to the Forest Hills Coaching Staff to authorize such medical treatment as is necessary in their judgment. I hereby release the Coaching Staff from all claims that may arise from the good faith exercise of this authority.

Emergency Contact Person: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent  
Signature \_\_\_\_\_ Date \_\_\_\_\_

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